

## PRESS RELEASE

### MOONLIT MESSAGES AT THE KEMPINSKI HOTEL GIARDINO DI COSTANZA IN WESTERN SICILY

How to channel lunar energy to get the maximum benefits from treatments

*From ancient times people have believed that the moon can positively influence their activities, choosing the “waxing moon” or “waning moon” to sow seeds or cut their hair. But few people know that this mysterious and magical planet can also bring its benefits to beauty treatments, especially massages. Moonlit massages make your body more flexible, improve your circulation and revitalize every corner of your body, as well as benefiting your glands and rebalancing your physical and mental wellbeing. They also awaken your emotions and passions, and release your energy in the form of love. And this is certainly the case if the massages and treatments are the fruit of the philosophy and high professionalism of Daniela Steiner, beauty expert responsible for running the Spa in the Kempinski Hotel Giardino di Costanza near Mazara del Vallo in the Province of Trapani. The latest treatment proposed involves al-fresco massages by moonlight in the hotel gazebo (for individuals or couples).*

#### **The ritual of an al-fresco massage by moonlight**

After a day of sun and sea, what could be more relaxing than a massage by the light of the moon? Just turn up wearing your dressing-gown and leave the rest to the Spa staff who will greet you with a goblet of champagne in the gazebo. The floating white drapery, softly glowing perfumed candles and lounge music make the perfect setting for the ritual of massage, whether singly or as a couple. We all know what a powerful influence the moon has on nature, but not everyone is aware how useful it can be for the human body or how lunar energy can be channeled beneficially. Using the various phases of the moon the effects of beauty treatments are intensified.

#### **Waxing or waning moon: when should I have my massage?**

If you need to relax and get away from the stress of your busy life then choose the waning moon. Just lie back under the hands of your therapist who will use special strokes to reduce fluid retention and make you feel calm and relaxed. If you need energizing because of your sedentary lifestyle then choose the waxing moon.

We leave nothing to chance; all our beauty treatments are personalized and tailored to our clients' needs. When you arrive you will undergo a beauty check-up to establish the type of massage, its duration, the concentration of essences, type of body treatment and combination of ingredients. Mixtures using seaweed extracts, clay, salt, herbs and oils are prepared immediately before treatment begins so as to get the greatest benefits. We cut and squeeze the fresh fruits at the last minute to get the maximum concentration of vitamins.

#### **A luxury Sicilian resort with pools, spa and private beach**

Western Sicily, a region rich in sun, nature, art and culture, is a crossroads where different cultures and religions have met and mingled and great civilizations from the Phoenicians and Greeks to Arabs and Normans have all left their heritage. With its seaside location near Mazara del Vallo the Kempinski Hotel Giardino di Costanza blends old and modern, traditions and technology in a stunning setting of olive groves and vineyards. Only an hour from Palermo airport by highway, the resort is an oasis of tranquility with pools (including indoor heated pool), fountains, a gazebos and a marvelous spa that makes it the perfect place if you want to pamper yourself. The hotel has 91 rooms and suites. This summer's newest feature is the “Lido Costanza” private beach with a romantic bar where you can watch the sun go down and a restaurant offering delicious dishes based on freshly caught fish. A free shuttle bus service takes guests to the beach from 9 am to 7 pm.

The vicinity includes the temple and archaeological remains at Segeste and Selinunte, the salt pans and island of Mozia, the Marsala wine-cellars and the medieval town of Erice.

**The Wellness package proposed by the Kempinski Hotel Giardino di Costanza** includes: 3 nights in a double room with upgrading to the Deluxe category; buffet breakfast; free use of the saunas, fitness center and pools; spa treatments ("Luxury for Ladies & Gentlemen" packaging including the following treatments for him and her: FOR HER Sicilian High Salt Energizer, Special Skin Care, Herbal Massage, Luxury Facial; Basic Manicure & Silky Hands and FOR HIM Sicilian High Salt Energizer, Special Skin Care for two, Classic Massage, Energy Facial, Pedicure & Soft Feet.

Prices start at 1,562 Euros for a Deluxe double room, 2,186 Euros for the Campagna Suite. Additional nights are 296 Euros for a double room and 462 Euros for the Campagna Suite (breakfast included).

### **The Kempinski Group**

The Kempinski Hotel Giardino di Costanza belongs to the Kempinski Hotels collection which will celebrate **110 years of history, exclusiveness and luxury** in 2007. Kempinski Hotels have welcomed international celebrities, provided meeting places for world leaders and played an active role in the historic global evolution. A stay in one of the Group's prestigious hotels in Europe, the Middle East, Africa, South America and Asia gives you a first-hand experience of the **Kempinski Hotels'** historic heritage.

Together with **five prominent hotel brands** – Dusit Hotels & Resorts, Landis Hotels & Resorts, Marco Polo Hotels, Omni Hotels and Pan Pacific Hotels – Kempinski Hotels have founded the "Global Hotel Alliance" to offer travelers high-class hospitality all over the world.

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