



Introduction

The Givenchy Spa is a true sanctuary of health and beauty, a haven of peace, a highly pleasurable area which blends the love of aesthetics with advanced research reaching well into the 21st Century. It offers care treatments through gestures and essential techniques that relax the mind and the body, harmonize the silhouette, revive the skin and preserve youth.

The Givenchy Spa is the privileged place for men and women seeking lasting health, beauty and youth. All treatments offered have been designed to suit this very purpose.

The Givenchy Spa - Paris - team has personally designed the concept of the various treatments offered at the Spa. It has also been involved in the training of the therapists.

Some Practical Advice

When visiting our Spa, hotel guests are requested to wear the bathrobe and slippers provided in their room and to arrive a few minutes in advance in order to spend some time in our soothing relaxing area.

Day visitors will be provided with robes and slippers upon arrival at the Spa.

For safety, please ensure that you leave all your valuables (watches, wallets, jeweler, etc.) in your room safe or in your assigned locker at the Spa or at the Fitness Centre.

It is not necessary to wear underwear or a bathing suit beneath your robe for massages, body wrap or body scrubs. Disposable underwear will be provided.

For facials, the aesthetician will ask you to bare your chest and arms to facilitate the treatment and make you more comfortable.

For hydrotherapy treatments, you may elect to wear a bathing suit. However, some of the products we use can cause damage to bathing suits. Disposable underwear will be provided.

We recommend that you drink lots of water during your Spa program to help accelerate the elimination of toxins.

Please bathe or shower prior to visiting Givenchy Spa – Le Mirador for massages, body treatments and foot-care treatments.

Some treatments are not appropriate for pregnant women or for those with certain health problems. Please remember to inform the therapists of such conditions so they can adapt your treatments accordingly.

Day Spa Suite

Relaxation Comfort Privacy

Indulge your partner and yourself with a magical interlude of wellness.

The new **Day Spa Suite** of the Givenchy Spa – Le Mirador, is an invitation to the luxury, calm and pleasure, with magnificent view of Lake Geneva and the Alps.

This spacious private suite of 90m², with hammam, sauna, jacuzzi, individual showers, dressing rooms, resting area and massage room for two, will enable you to spend some magical and unforgettable moments!

Paradise exists...

Contact us for further information.



Givenchy Spa Day

Let us pamper you for a whole day with:

Hydra-Sparkling facial

OR

GIVENCHYMAN Facial

(50 minutes)

Body Massage Relaxing or Swedish

(50 minutes)

Hydrating body wrap

OR

foot massage

(25 minutes)

Lunch Menu at the «Patio Restaurant»

Access to the swimming pool, fitness center, sauna,
hammam and Jacuzzi

Net price: Sfr. 390.–

Facials

Le Soin Noir Complete Beauty Renewal Skincare

This prestigious anti-ageing cream, patented by Givenchy, contains an exclusive formula with an outstanding restoring power, the «Vital Black Seaweed Sap concentrates». This astonishing active ingredient combined with a Givenchy specific massage gives the skin a plumper appearance and leaves the face smoother and firmer.

Hydra-Sparkling Facial The luminous skincare

Hydra-Sparkling luminescence moisturizing treatment, a moment of sheer bliss. Fun and efficient programme with the new line Hydra-Sparkling. A unique treatment which leaves the skin deeply hydrated, re-energized and intensely bright.

No Surgetics Anti Wrinkle Facial

This treatment, inspired by the techniques of plastic surgery, was developed to actively fight the formation and persistence of wrinkles. Intensive Givenchy formula brings visible results, fine wrinkles fade away and the collagen boosts and relaxes the features.

No Surgetics Plasti Sculpt Facial remodeling

A resculpting treatment that optimizes the effectiveness of the No Surgetic Plasti Sculpt line. A real «muscular lift», it firms up the face and restores its tone by stimulating the cells responsible for firmness. This treatment includes a deep cleansing.

Givenchyman

The facial treatment for men

Treatment created specifically for men's skin, to protect from daily environmental stress, climate changes as well as to fight signs of ageing. The GIVENCHYMAN treatment is performed with products with a high concentration of active ingredients. The skin will be deeply nourished, glowing and hydrated.

Preparatory Facial Treatment Deep cleansing facial

A marvelous oxygenating and purifying ritual. After a gentle scrub, a light massage will be carried out under the steam. It will be followed by a natural clay mask - Kaolin – which will absorb impurities from the skin while nourishing it.

Massages

Oriental-Occidental Fusion Massage

Massage inspired by techniques from the East and the West. The blend of Thai, Shiatsu and Swedish techniques provides physical and mental well-being. This stress-relieving massage works on the body's overall suppleness to restore energy and vitality.

Lomi-Lomi Massage

Inspired by the traditional Hawaiian massage, it stimulates blood circulation, frees energy and brings total deep relaxation. This massage is carried out with the forearms and uses special Givenchy oil made for it.

Aromatherapy Massage with Essential Oils

For the pleasure and well-being of the mind, body and senses. The combined effect of both massage and essential oils brings physical and emotional harmony.

The Canyon Love Stone Therapy

This age-old technique, completely revised by Givenchy for added effectiveness, combines a Givenchy draining oil with the smoothness of pebbles gathered from the riverbeds of the American West alternating warm and cold pebbles glide over the body to rebalance its energy flows and detoxify tissues, giving a magical feeling of relaxation.

Ylang-Ylang 4 hands massage

This massage is designed as a 4 hands choreography on your body. All your muscles relax at once and your spirit is lifted by the subtle scents of Ylang-Ylang extract. This 200 year old scented flower grown only on Mauritius Island is renowned for its multiple healing properties.

No Complex Body Treatment Slimming and Firmness Massage

A unique treatment to firm up tissues, stimulate the skin's support fibres and drain retained water. The Givenchy No Complex line is a marvel of effectiveness that makes you feel good in your body and self.

Swedish Massage

This classical European massage involves long strokes and kneading on the surface muscles to relax the body, makes it suppler, improve circulation and relieve aches and tension.

Sports Massage

This high-energy massage combines a variety of friction, pressure and stretching techniques to prepare the body for sport or to soothe aching and strained muscles after sport.

Relaxing Massage

This soothing massage using Givenchy Relaxing Massage Cream focuses on the overall relaxation of the entire body.

Slimming Massage

The combination of an anti-cellulite serum and a Givenchy body-shaping massage cream helps reduce fat deposits and stimulates microcirculation while strengthening and restructuring the support tissues.

Lymphatic Drainage

This slow, gentle, rhythmic massage stimulates lymphatic circulation and promotes the elimination of toxins. Ideal for fighting cellulite, swelling or the sensation of heavy legs.

Foot Massage

Thumb and finger pressure is applied to reflex pressure points on the feet that correspond to specific areas, glands and organs of the body. This massage improves circulation and the functioning of the body areas affected by such reflex zones.

Body treatments and wraps

Body Scrub

This combination of a manual massage, soft natural bristle brushes and an exfoliant cream rids the skin of dead cells, impurities and roughness, prepares the body to derive maximum benefit from other care treatments.

Exclusively Givenchy The ultimate body pampering.

Three treatments combined to exfoliate, regenerate and hydrate your body, leaving your skin replenished and renewed while reviving body and soul:

- 1) Bathing with Specific Givenchy oils to reconstitute the hydrolipidic layer of the skin.
- 2) Body scrub, to exfoliate and oxygenate.
- 3) Hydrating Wrap: the body is covered with moisturizing cream, providing a spectacular re-hydration of the epidermis, while you enjoy the massage of a water bed. This treatment brings muscular relaxation and releases tension.

Specific Givenchy oil bath

Given in a massage bathtub designed for comfort, this specific oil bath tones up and relaxes the skin. The underwater massage stimulates drainage and eliminates toxins, resulting in a feeling of total well-being.

Pressotherapy

The pressotherapy uses inflatable hip-high pads to promote lymphatic circulation from the feet to the groin. It has an immediate effect on heavy legs and cellulite deposits in the thighs.

Herbal wrap

The body is wrapped in towels impregnated with a solution of eleven aromatic herbs chosen for their relaxing, astringent, stimulating and regenerating properties. The wrap is followed by an energy-boosting dry oil body rub for a great feeling of well-being and relaxation.

Hydrating Body Wrap

Lying on a massage waterbed, the body is coated with a Givenchy moisturizing cream and then wrapped. This treatment offers a moment of real pleasure that leaves the skin thoroughly nourished and supple.

Hair Salon

Our scalp treatments are combined with a special pressure point massage and essential oils to provide total relaxation. Women's, Men's & Children's Haircuts, Brushing & Hair Set – Dyeing, Streaks – Perms.

Hand and Foot Care

Foot beauty treatment

Nail shaping, cuticles, moisturizing cream and nail polish.

Foot treatment

A spectacular way to beautify your feet and lighten your step, using revolutionary products to exfoliate, moisturize and soften the skin on your feet, leaving a satiny touch.

Beauty manicure

Nail shaping, cuticles, moisturizing cream and nail polish.

Hand treatment

Meticulous treatment for cuticles, nail shaping, eliminating dead cells with light exfoliation, followed a paraffin bath and a specific massage with moisturizing cream.

Hair removal

Eyebrows – Facefore – Back – Chest – Stomach – Top Lip – Bikini – Arm – Under arms – Legs.

Solarium & Color therapy

Sunlight and colors have a direct influence on our health, moods and behavior!

The U.V. rays emitted by the sun promote better blood circulation, provide vitamin D and give a wonderful sun tan.

Colors have been known to ease stress, to fill you with energy and even to alleviate pain and other physical problems.

These sessions will offer you a relaxing and soothing effect as well as re-balancing of energy.

Swimming pool and Jacuzzi

A major attraction at Le Mirador Kempinski is its spectacular, glass domed swimming pool. Feel the weightlessness of your body in the 27°C (81°F) warm water or tone your muscles in an aqua gym class. Afterwards you may take a dip in the poolside hot tub to relax your muscles. You'll soon discover that swimming and sunning high above Lake Geneva gives you a different outlook on the world – particularly when a cloud floats by below you. Complimentary aquagym sessions from Monday to Friday.

Wet Lounges

Nothing feels better than enjoying a sauna after a good workout. Ladies and Gentlemen separated locker rooms with hammam, sauna, Swiss and Aroma showers, feet bath and relaxation area.

Fitness

Benefit from the latest fitness equipment at the Fitness Centre! 30 state-of-the-art exercise machines, coach services and personalized programs to get into shape while enjoying an amazing panoramic view.

Personal training sessions

You would like to improve your strength, flexibility and cardio-vascular endurance but haven't been able to develop a program on your own. Our personal trainer can assist you upon appointment. He has the expertise to guide you into a fitness routine that suits your personal schedule, energy level and goals – a routine that you can continue to use at home.

Country Club

By becoming a member of Le Mirador Country Club, you will benefit from an unlimited use of all our sport and leisure facilities all year round as well as from many other advantages.

Cancellation Policy

If you must cancel a Spa appointment, please notify us at least 6 working hours in advance of your appointment time.

Less than 6 hours notice will result in a charge of 50% of the value of the cancelled services.

No-shows having reserved treatment times will be charged 100% of the value of the reserved services.

Givenchy Spa Day packages should be cancelled at least 24 hours in advance.

The Direction reserves the right to modify the content of this brochure if required without notice.

Other treatments available on request

MOOR MUD DETOXIFYING AND FIRMING WRAP 50 MIN SFR. 130.–

Moor mud is a mixture of herbs and plants naturally decomposed over the centuries, naturally enriched with minerals and trace elements. The mud absorbs toxins and softens the skin while treating cellulite. The relaxation is accompanied by an oriental massage for the face and shoulders by finger pressure. A body scrub beforehand is recommended to prepare your skin for this treatment.

SLIMMING WRAP 55 MIN SFR. 130.–

An (anti-curve) treatment which works both on the skin's (padded) look and excess fat. Lipolytine, a marine slimming active ingredient, with its cellulose-active formula, develops exceptional drainage and lipolytic properties which contribute to slimming the figure.

SLIM BATH 25 MIN SFR. 90.–

Specially recommended for slimming, this freeze-dried seaweed based bath speeds up the process to eliminate fat, drains waste and toxins, bringing relaxation and well-being.

DETOX BATH 25 MIN SFR. 90.–

A veritable revitalizing health therapy thanks to its trace elements, this purifying and revitalizing bath stimulates the body.

SKIN TONIC BODY 50 MIN SFR. 130.–

FACE 25 MIN SFR. 85.–

Skin tonic is a low pressure massage apparatus designed by doctors and physiotherapists associating top massage-roll technology and our professionals' expertise to:

- work on tissue ganglion clogging
- drain
- firm up
- tone

The treatment is particularly recommended to combat cellulite, excess weight, loosening of the tissues, stretch marks. Hydrotherapy or a wrap will intensify its effect.

HYDROJET 25 MIN SFR. 75.–

Lying on a warm waterbed, allow yourself to be massaged by the waterjets, without any muscular constraint, without undressing. For all cellulite problems, stress, tiredness, heavy legs or simply for your wellbeing.

Tarifs

GIVENCHY SPA DAY SFR. 390.–

Facial

LE SOIN NOIR – COMPLETE BEAUTY RENEWAL 55 MIN SFR. 190.–

HYDRA-SPARKLING FACIAL 50 MIN SFR. 150.–

NO SURGETICS FACIAL 55 MIN SFR. 190.–

NO SURGETICS PLASTI SCULPT 80 MIN SFR. 230.–

GIVENCHYMAN – MEN FACIAL 50 MIN SFR. 150.–

PREPARATORY TREATMENT 80 MIN SFR. 190.–

MAKE-UP 25 MIN SFR. 80.–

Massages

ORIENTAL-OCCIDENTAL FUSION MASSAGE 75 MIN SFR. 190.–

LOMI-LOMI MASSAGE 75 MIN SFR. 190.–

AROMATHERAPY MASSAGE WITH ESSENTIAL OILS 75 MIN SFR. 170.–

CANYON LOVE STONE THERAPY 75 MIN SFR. 210.–

YLANG-YLANG MASSAGE WITH 4 HANDS 25 MIN SFR. 170.–

MASSAGE NO COMPLEX 55 MIN SFR. 150.–

SWEDISH MASSAGE 50 MIN SFR. 130.–

SLIMMING MASSAGE 50 MIN SFR. 150.–

SPORT MASSAGE 55 MIN SFR. 150.–

RELAXING MASSAGE 50 MIN SFR. 130.–

LYMPHATIC DRAINAGE 50 MIN SFR. 130.–

FOOT MASSAGE 25 MIN SFR. 85.–

Body Treatments and Wraps

BODY SCRUB 50 MIN SFR. 120.–

EXCLUSIVELY GIVENCHY (3 TREATMENTS) 110 MIN SFR. 260.–

SPECIFIC GIVENCHY OIL BATH 25 MIN SFR. 90.–

PRESSOTHERAPY 25 MIN SFR. 100.–

HERBAL WRAP 50 MIN SFR. 130.–

HYDRATING BODY WRAP 25 MIN SFR. 90.–

Other beauty treatments

EYEBROWS DYEING		SFR. 35.–
EYELASHES DYEING		SFR. 35.–
EYELASHES & EYBROWS DYEING		SFR. 60.–
MANICURE	45 MIN	SFR. 85.–
HAND TREATMENT	55 MIN	SFR.120.–
FRENCH MANICURE	55 MIN	SFR.105.–
FOOT BEAUTY TREATMENT	45 MIN	SFR. 95.–
SPECIAL FOOT TREATMENT	55 MIN	SFR.120.–
APPLICATION OF NAIL POLISH	15 MIN	SFR. 35.–
APPLICATION OF NAIL POLISH - FRENCH	25 MIN	SFR. 45.–

Waxing

LEGS (FULL)	45 MIN	SFR. 95.–
LEGS (HALF)	30 MIN	SFR. 75.–
BIKINI	15 MIN	SFR. 40.–
BIKINI (FULL)	30 MIN	SFR. 75.–
UNDER ARMS	15 MIN	SFR. 40.–
TOP LIP		SFR. 30.–
EYEBROWS		SFR. 30.–
ARMS	30 MIN	SFR. 50.–
BACK (HALF)	30 MIN	SFR. 65.–
BACK (FULL)	45 MIN	SFR. 95.–
PERMANENT HAIR REMOVAL - ELECTROLYCES	1 MIN	SFR. 2.50

Solarium /Colour therapy

10 MINUTES	SFR. 20.–
15 MINUTES	SFR. 25.–
20 MINUTES	SFR. 30.–
25 MINUTES	SFR. 35.–
30 MINUTES	SFR. 40.–